



(423) 634-8899

<http://www.dinnerdeliveredonline.org>

Plant Power Cafe & Juice Bar

Appetizers

Garlic Hummus & Pita	\$9.35
<i>Pita Bread Slices with Garlic Hummus with Dill</i>	
Nachos	\$13.69
<i>Corn Chips, Cheese, Tomatoes, Jalapenos, Olives & Red Onions</i>	
Nachos with Chili or Black Beans	\$14.95
<i>Corn Chips, Cheese, Tomatoes, Jalapenos, Red Onions, Olives & Chili</i>	
Nachos with Jack	\$16.19
<i>Corn Chips, Cheese, Tomatoes, Jalapenos, Red Onions, Olives & BBQ Jack</i>	
Nachos Deluxe	\$19.95
<i>Corn chips, cheese, tomatoes, jalapenos, red onions, olives, BBQ Jack, chili & black beans</i>	
Tostadas	\$12.45
<i>2 Corn Tostadas, Black Beans, Lettuce, Tomatoes, w/Spicy Cheese Sauce & Salsa</i>	
Pesto Bruschetta	\$12.45
<i>Fresh Tomatoes on Toasted Baguettes with Parsley Pesto & Cashew Parmesan</i>	
Oat Sliders 2 Count	\$9.95
<i>Oatmeal Sliders, Organic Spring Mix, Tomatoes, & Red Onions. Choose Your Sauce: Ketchup, Mustard, Mayo, Spicy Mayo or BBQ Sauce</i>	
Oat Sliders 3 Count	\$14.69
<i>Oatmeal Sliders, Organic Spring Mix, Tomatoes, & Red Onions. Choose Your Sauce: Ketchup, Mustard, Mayo, Spicy Mayo or BBQ Sauce</i>	
Turkey Sliders 2 Count	\$9.95
<i>Seitan Turkey, Organic Spring Mix, Tomatoes, & Red Onions. Choose Your Sauce: Ketchup, Mayo, Spicy Mayo or BBQ Sauce</i>	
Turkey Sliders 3 Count	\$14.69
<i>Seitan Turkey, Organic Spring Mix, Tomatoes, & Red Onions. Choose Your Sauce: Ketchup, Mayo, Spicy Mayo or BBQ Sauce</i>	
Taco Salad	\$14.95
<i>Tortilla Chips, Lettuce, Chili, Spicy Cheese, Tomatoes, Red Onions, Black Olives, & Salsa</i>	
Soup of the Day & Side Salad	\$11.19
<i>Organic Greens, Carrots, Red Onions, Cucumbers & Tomatoes</i>	
Three Bean Chili with Regular or Jalapeno Cornbread	\$7.45
Soup of the Day with Regular or Jalapeno Cornbread	\$7.45

Plant Power Salads with Crostini Toast

Gluten Free without Bread

Power House Salad	\$14.95
<i>Organic Mixed Greens, Carrots,</i>	

Veggie Personal Size Pizza

Jack Pizza	\$13.69
<i>BBQ sauce, BBQ Jackfruit, red onions, olives and cheese</i>	
Tofu Pizza	\$13.69
<i>Pesto spread, marinated tofu, mixed pepper & onions and cheese</i>	
Black Bean Burger Pizza	\$13.69
<i>Burger crumble, bbq sauce, red onions, tomatoes and cheese</i>	
Veggie Deluxe Pizza	\$13.69
<i>Pesto spread, red onions, tomatoes, olives, jalapenos, zucchini, squash and cheese</i>	
Turkey Pizza	\$13.69
<i>Pesto spread, seitan turkey, mushrooms, carrots, red onions and cheese</i>	

Burgers & More

Gluten Free Wraps and Buns available for additional \$1.89

<u>Reuben</u>	
<i>Seitan, cheese, thousand island & Sauerkraut</i>	
Solo Reuben	\$12.45
Reuben with Salad & 1 Side	\$16.19
Reuben with Two Sides	\$18.75
<u>Plant Power Burger</u>	
<i>Plant Power Patty, Lettuce, tomatoes, red onion, vegan mayo, mustard, ketchup & pickles</i>	
Solo Plant Power Burger	\$12.45
Plant Power Burger with Salad & 1 Side	\$16.19
Plant Power Burger with Two Sides	\$18.75
<u>Philly</u>	
<i>Seitan, mixed peppers, onions and cheese sauce</i>	
Solo Philly	\$12.45
Philly Plate with Garden Salad and 1 Side	\$16.19
Philly Plate with Two Sides	\$18.75
<u>BBQ Jack Sandwich with Spicy Cole Slaw</u>	
<i>Green Jackfruit Marinated in our in house made Sweet & Sassy BBQ Sauce & Slaw</i>	
Solo BBQ Jack Sandwich with Spicy Cole Slaw	\$12.45
BBQ Jack Sandwich with Spicy Cole Slaw Plate with Garden Salad and 1 Side	\$16.19
BBQ Jack Sandwich with Spicy Cole Slaw Plate with 2 Sides	\$18.75
<u>Black Bean Burger</u>	
<i>In house made Black Bean Burger, Lettuce, Tomatoes, & Red Onions</i>	
Solo Black Bean Burger	\$12.45
Black Bean Burger Plate with Garden Salad and 1 Side	\$16.19
Black Bean Burger Plate with 2 Sides	\$18.75

Plant Power Cafe

Menu updated 7/24/2022

6215 Lee Hwy Ste 137F Chattanooga, TN

Delivery Hours

Monday: 11:00am - 6:30pm
Tuesday: 11:00am - 6:30pm
Wednesday: 11:00am - 6:30pm
Thursday: 11:00am - 6:30pm
Friday: 11:00am - 3:00pm
Saturday: Closed (For Now)
Sunday: Closed (For Now)

Special Instructions

Click below to Add Special Instructions to your Delivery Order

Special Instructions

Select this option to guarantee Dinner Delivered and this Restaurant notices your Special Instructions. After you have selected this option, click the "Customize Item" Button in your cart, at the top of the screen, and type in your message.

Cold Press Juices

<u>Plant Power Green</u>	
<i>Mixed Greens, Apples, Cucumbers, Ginger, & Cayenne</i>	
12 oz Plant Power Green Juice	\$8.69
16 oz Plant Power Green Juice	\$11.19
<u>Super-Hot Detox</u>	
<i>Cucumber, Lemon, Ginger, & Cayenne</i>	
12 oz Super-Hot Detox Juice	\$8.69
16 oz Super-Hot Detox Juice	\$11.19
<u>Strong Eyes</u>	
<i>Carrots & Oranges</i>	
12 oz Blood Builder Juice	\$8.69
16 oz Blood Builder Juice	\$11.19
<u>Immune Kicker</u>	
<i>Oranges, Grapefruit, Lemons, & Limes</i>	
12 oz Immune Kicker Juice	\$8.69
16 oz Immune Kicker Juice	\$11.19
<u>Blood Builder</u>	
<i>Apples, Beets, Lemons, & Ginger</i>	
12 oz Blood Builder Juice	\$8.69
16 oz Blood Builder Juice	\$11.19

All Natural Fruit Smoothies

<u>Mean Green</u>	
<i>Mixed Greens, Avocados, & Bananas</i>	
12 oz Mean Green Smoothie	\$8.69
16 oz Mean Green Smoothie	\$11.19
<u>Mango Tango</u>	
<i>Mangoes, Peaches, & Bananas</i>	
12 oz Mango Tango Smoothie	\$8.69
16 oz Mango Tango Smoothie	\$11.19
<u>Tropical Punch</u>	
<i>Mangoes, Pineapples, Coconut Flakes, & Bananas</i>	

Red Onions, Mushrooms, Walnuts, & Cranberries

Greek Salad	\$14.95
<i>Organic Mixed Greens, Tomatoes, Red Onions, Cucumbers, Kalamata Olives, & Pepperoncini Peppers</i>	
Avocado Salad	\$14.95
<i>Organic Mixed Greens, Avocado, Carrots, Red Onions, Cranberries, & Almonds</i>	
Tofu Salad	\$14.95
<i>Organic Mixed Greens, Marinated Tofu, Carrots, Red Onions, Tomatoes, & Cucumbers</i>	
Black Bean Crumble Salad	\$14.95
<i>Organic Mixed Greens, Black Bean Crumble, Red Onions, Cranberries, Walnuts, & Black Olives</i>	

Hot Dog

Single Hot Dog	\$6.25
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Bowls

Parsley Walnut Pesto Raw	\$17.45
Zucchini Bowls	
<i>Squash, Broccoli, Red Onions, Tomatoes, Asparagus, Carrots, Mushrooms, Vegan Parmesan Cheese, & (Crostini Toast Not Raw)</i>	
Spicy Lemon Garlic Raw	\$17.45
Zucchini Bowl	
<i>Squash, Broccoli, Red Onions, Tomatoes, Asparagus, Carrots, Mushrooms, Vegan Parmesan Cheese, & (Crostini Toast Not Raw)</i>	
Asian Ginger Raw Zucchini Bowl (Not Gluten Free)	\$17.45
<i>Squash, Broccoli, Red Onions, Tomatoes, Asparagus, Carrots, Mushrooms, Vegan Parmesan Cheese, & (Crostini Toast Not Raw)</i>	

Sides

Side of Soup of the Day	\$4.39
Side of Three Bean Chili	\$4.39
Side Salad	\$4.39
Side of Black Beans and Rice	\$4.39
Side of Cole Slaw	\$4.39
Side of Cucumber & Tomato Salad	\$4.39
Side of Fruit Salad (Seasonal)	\$4.39
Side of Carrot Salad	\$4.39
Side of Chips	\$2.50

Extras

add Avocado	\$2.45
Side of Garlic Vinaigrette	\$1.59
Side of Asian Vinaigrette	\$1.59
Side of Garlic Ranch	\$1.59
side of Thousand Island Dressing	\$1.59
2 oz Nacho Cheese	\$2.50
Gluten Bun	\$1.89
Gluten Wrap	\$1.89

Sweet Tooth

1 Cookie	\$2.45
<i>Click for Choices</i>	
3 Cookies	\$6.19
<i>Click for Choices</i>	

Sides

Chunky Mushroom Patty Melt

Served on whole wheat bread with organic in house made Mushroom Patty, Organic Mixed Greens, Tomatoes, Red Onions, & Spicy Cheese Sauce

Solo Chunky Mushroom Patty Melt	\$12.45
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Chunky Mushroom Patty Melt Plate with Garden Salad & 1 Side	\$16.19
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Chunky Mushroom Patty Melt Plate with 2 Sides	\$18.75
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Portobello Mushroom Burger

Baby Portobello marinated in Asian Dressing, Lettuce, Tomatoes, & Red Onions

Solo Portobello Mushroom Burger	\$12.45
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Portobello Mushroom Burger Plate with Garden Salad & 1 Side	\$16.19
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Portobello Mushroom Burger Plate with 2 Sides	\$18.75
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Fish Sandwich

In house made Fish Patty, Spicy Slaw, & Side of Tartar Sauce

Solo Fish Sandwich	\$12.45
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Fish Sandwich Plate with Garden Salad and 1 Side	\$16.19
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Fish Sandwich Plate with 2 Sides	\$18.75
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Wraps

Spicy Kale Wrap

Marinated Kale, Red Onions, Tomatoes, Carrots, & Mushrooms

Solo Spicy Kale Wrap	\$12.45
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Spicy Kale Wrap Plate with Garden Salad and 1 Side	\$16.19
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Spicy Kale Plate with 2 Sides	\$18.75
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Spicy Black Bean Wrap

Organic Mixed Greens, Black Beans, Tomatoes, Red Onions, & Jalapenos

Solo Spicy Black Bean Wrap	\$12.45
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Spicy Black Bean Wrap Plate with Garden Salad and 1 Side	\$16.19
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Spicy Black Bean Wrap Plate with 2 Sides	\$18.75
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Black Bean Burger Wrap

Organic Mixed Greens, Black Bean Burger Crumble, Tomatoes, & Onions

Solo Black Bean Burger Wrap	\$12.45
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Black Bean Burger Wrap Plate with Garden Salad and 1 Side	\$16.19
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Black Bean Burger Wrap Plate with 2 Sides	\$18.75
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Sandwich or Wrap

Garlic Hummus

Whole Wheat Bread or Whole Wheat Wrap: Organic Mixed Greens, Garlic Hummus, Tomatoes, Red Onions, Avocados, Carrots, & Cucumbers

Solo Garlic Hummus	\$12.45
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Garlic Hummus Plate with Garden Salad and 1 Side	\$16.19
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Garlic Hummus Plate with 2 Sides	\$18.75
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Smoked Turkey

Organic Mixed Greens, Seitan Smoked

12 oz Tropical Punch Smoothie	\$8.69
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16 oz Tropical Punch Smoothie	\$11.19
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Berry Blast

Blueberries, Blackberries, Strawberries, & Bananas

12 oz Berry Blast Smoothie	\$8.69
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16 oz Berry Blast Smoothie	\$11.19
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Strawberry Bliss

Strawberries & Banana

12 oz Strawberry Bliss Smoothie	\$8.69
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16 oz Strawberry Bliss Smoothie	\$11.19
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Nana Rama

Avocados & Bananas

12 oz Nana Rama Smoothie	\$8.69
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16 oz Nana Rama Smoothie	\$11.19
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Bars

Peanut Butter & Jelly Bar	\$4.95
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Fudge Brownie Bar	\$4.95
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Cinnamon Blondie Bar	\$4.95
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For the Kiddo

Served with Choice of Fruit or Carrot Salad

Peanut Butter & Banana Sandwich	\$12.45
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Peanut Butter & Jelly Sandwich	\$12.45
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1 Vegan Hot Dog with Ketchup and Mustard	\$12.45
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Oat Burger (2 Count) with Vegan Mayo	\$12.45
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Nachos & Cheese	\$12.45
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Vegan Grilled Cheese	\$12.45
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*Turkey, Carrots, Red Onions, & Dried
Cranberries*

Solo Smoked Turkey	\$12.45
Smoked Turkey Plate with Garden Salad and 1 Side	\$16.19
Smoked Turkey Plate with 2 Sides	\$18.75

Ultimate Veggie

*Organic Mixed Greens, Tomatoes, Red
Onions, Carrots, Mushrooms, Cucumbers,
& Kalamata Olives*

Solo Ultimate Veggie	\$12.45
Ultimate Veggie Plate with Garden Salad and 1 Side	\$16.19
Ultimate Veggie Plate with 2 Sides	\$18.75

Marinated Tofu

*Organic Mixed Greens, Tofu, Tomatoes,
Red Onions, & Carrots*

Solo Marinated Tofu	\$12.45
Marinated Tofu Plate with Garden Salad and 1 Side	\$16.19
Marinated Tofu Plate with 2 Sides	\$18.75

Tacos and Hot Dogs

3 Fish Tacos

*: In-House Made Fish, Cole Slaw, & Tartar
Sauce*

Solo 3 Fish Tacos	\$12.45
3 Fish Tacos Plate with Garden Salad and 1 Side	\$16.19
3 Fish Tacos Plate with 2 Sides	\$18.69

3 Spicy Black Bean Tacos

*Black Beans, Spicy Cheese, Lettuce,
Tomatoes, Onions, Jalapeno Peppers, & a
side of Salsa*

Solo 3 Spicy Black Bean Tacos	\$12.45
3 Spicy Black Bean Tacos Plate with Garden Salad & 1 Side	\$16.19
3 Spicy Black Bean Tacos Plate with 2 Sides	\$18.69

3 BBQ Jack Tacos

*Marinated BBQ Jackfruit, Lettuce,
Tomatoes, Red Onions, Spicy Cheese, &
a side of Salsa*

Solo 3 BBQ Jack Tacos	\$12.45
3 BBQ Jack Tacos Plate with Garden Salad & 1 Side	\$16.19
3 BBQ Jack Tacos Plate with 2 Sides	\$18.69

3 Soft Corn Crumble Tacos

*Black Bean Crumble, Lettuce, Tomatoes,
Red Onions, Spicy Cheese, & a side of
Salsa*

Solo 3 Soft Corn Crumble Tacos	\$12.45
3 Soft Corn Crumble Tacos Plate with Garden Salad and 1 Side	\$16.19
3 Soft Corn Crumble Tacos Plate with 2 Sides	\$18.69

2 Hot Dogs

*Whole Wheat Bun & Soy hotdog. Choose
your Toppings: Ketchup, Mustard,
Cheese, Slaw, or Chili*

Solo 2 Hot Dogs	\$12.45
2 Hot Dogs Plate with Garden Salad and 1 Side	\$16.19
2 Hot Dogs Plate with 2 Sides	\$18.69